

Why Do I Want To Declutter My Home?

Date: _____

What do I want to improve about my home, that is currently bothering me? _____

Why do I want to get rid of the clutter in my house? _____

How do I believe decluttering and/or organizing will help me function better in my home or life?

Why do I think putting in the effort necessary to get the clutter out of my home is worthwhile?

What would I tell my future self about why I've decided to declutter, when my future self is tired, unmotivated or discouraged by the decluttering process? _____

Now go do one of the Declutter 365 missions for at least 15 minutes!